

Ormeau Bulldogs AFC “Return to Football – Stage 2”

The Ormeau Bulldogs is pleased to announce the return to football training in alignment with the QLD state government stage 2 COVID-19 restrictions and the AFL Queensland stage 2 guidelines and protocols.

Summary of AFL Guidelines

1. We have official permission/approval from AFLQ (and the State Government) to proceed with Stage 2 training.
2. Clubs/Teams strictly adhere to the maximum of 20 participants (inclusive of coaches), as per the current State Government restrictions, and following the principle of ‘**Get in, Train, Get out**’. We are restricted to a maximum 3 training groups of 20 per field.
3. Strictly no physical contact between players can occur (i.e. no tackling, no bumping, no marking contests).
4. Social distancing of 1.5m must be maintained at all times, along with ensuring only 1 person per 4sqm.
5. No access to club rooms, change-rooms or wet areas can occur. Our clubhouse Toilets will be open and available during Training and cleaned at the end of each training day.
6. Footballs can be used for small group training, however no additional equipment (i.e. bump bags, weights, etc.) can be used during training.
7. A log, or register, of all participants in attendance at each training session **MUST** be maintained and available upon request by either AFL Queensland or health authorities.
8. Auskick will not return until Stage 3.
9. Alcohol based hand sanitisers will be available for all teams training sessions, with players encouraged to use prior, during and following training.
10. There is strictly to be no sharing of water bottles, food or towels, and it is important to clean and disinfect these items following each training session. Disinfect mouth guards after each session.
11. Each player and coaches should avoid spitting or clearing nasal passages at training.
12. Avoid high fives, handshakes, or other physical contact.
13. Club provided footballs to be wiped with antibacterial wipes or alcohol-based sanitiser prior to and after training sessions.
14. If you or people you have been in contact with are sick, please **DO NOT** attend training and advise the football coach.

COVID-safe officers

The AFL has provided an COVID-19 protocols course which we expect the committee, coaches and team managers to complete. Attached is the link for the training. Once completed please advise the club **Vice President – Tory Cameron** vicepresident@ormeauafl.com.au

<https://www qlbs.com.au/AFLHealthCheck/Assessment/AFLReturntoPlay?IsNew=Y>

The club has appointed **Eleasha Ramiah** as our overall COVID Safe Officer although each training group will be expected to have COVID trained person available and present during training.

The Government COVID-safe App

We recommend that parents, committee, coaches, team managers and players with mobile phones download the governments COVID Safe app. While this isn't not mandatory we strong recommend the Ormeau Bulldogs community take this positive steps.



<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app#get-the-app>

Training Sign-in protocols

Each training group is limited to 20 participants which includes players, coaches and any parent that is assisting. The maximum group size of 20 is mandatory. Some teams will be split into 2 training groups where the maximum sizing is reached.

We request the limit of spectators/parents at sessions during stage 2 and recommend that juniors players are dropped off and 1 parent/carer assists them through the sign-in process. We will have a sign-in station available near the clubhouse, although we require everyone to observe the 1.5m social distancing rule.

The sign-in station will have a team sheet to sign in the player, which captures session date & time, coach, players name, players fit and well status and any notes. At the sign-in station we will have hand sanitiser available to use.

During stage 2, we request the limitation of spectators including parents and extended family members at training. Parents/Carers please remain off the ovals and at all-time maintain social distancing of 1.5m. Please do not congregate in groups with other parents.

The clubhouse will not be open for players and parents/carers to enter or gather together. The change-rooms, canteen will remain closed during stage 2. The toilet facilities will be available during training times.

Modified Training Timeframes for Stage 2

During stage 2 we are restricted to a maximum of 3 groups of 20 per field. This means our pre-COVID-19 training schedule will alter until Stage 3 restrictions are in place.

What will small group training look like;

- Staggered training schedule. For juniors the training will be for 50mins to enable changeover of groups for 10 minutes.
- Training groups of no larger than twenty (20), including players and officials

- Consistent group members and no movement between groups to reduce risk of cross-contamination
- Training activities will be non-contact (no tackling, bumping etc) during stage 2
- Use of equipment to be limited
- If pair/group work is required, pairs will be consistent across each training session
- Specific group activity footballs will be used, and wiped down after each drill or match simulation
- Any spectators, including parents or caregivers, must remain socially distant to the athletes and off the oval.

Draft Training Schedule for Stage 2

Junior training will recommence on Saturday 13th June for Under 8.5, 9.5 & U10.5 age groups. The other Junior and Youth age groups will then recommence training from week start from Monday 15th June.

To accommodate the maximum training groups of 20, the Coaches and Team Managers will need to split some age group into small team for training during stage 2. This will affect U8.5, U9.5, U12.5, U14.5 and U16.5 age groups. Coaches and Team Managers will advise parents prior to the first training which group our junior players will be in and the associated coach for these sessions.

Training for Stage 2 Restriction (max 3 groups of 20 per Field) - no Auskick/Superstars until Stage 3

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30pm-5:30pm (South)		U11.5		U11.5			
4:30pm-5:30pm (North)		U10.5		U11.5 G			
5:30pm - 6:30pm (North)	Masters Group 1	U13.5 G		U12.5 Group 1			
5:30pm - 6:30pm (South)	Masters Group 2	U15.5 G		U12.5 Group 2			
5:30pm - 6:30pm (Centre)				U15.5 G / U13.5 G			
5:45pm - 6:45pm (North)			Masters Group 1				
5:45pm - 6:45pm (South)			Masters Group 2				
6:30pm - 7:30pm (North)	U16 / U14 Group 1	U12.5 Group 1		U16.5 / U14.5 Group 1			
6:30pm - 7:30pm (South)	U16 / U14 Group 2	U12.5 Group 2		U16.5 / U14.5 Group 2			
7pm - 8pm (North)			Seniors Group 1		Seniors Group 1		
7pm - 8pm (South)			Seniors Group 2		Seniors Group 2		
8am - 9am Oval 1 (North)						U8.5 - Group 1	
8am - 9am Oval 1 (South)						U8.5 - Group 2	
8am - 9am Oval 1 (Centre)						U8.5 - Group 3	
9am - 10am Oval 1 (North)						U9.5 - Group 1	
9am - 10am Oval 1 (South)						U9.5 - Group 2	
9am - 10am Oval 2 (North)						U10.5	

Notes :

- No Auskick until stage 3
- Junior training to run for 50mins, to enable 10mins change over between groups
- U14.5/U16.5 to be split into 2 groups, Monday and Thursday
- U12.5's 2 groups - Tuesday & Thursday
- U15G.5's training at home until Surfers makes schedule decisions.
- U8.5's 3 groups - Saturdays
- U9.5's 2 groups - Saturdays
- U10.5's Tuesday and Saturday

Stage 3 – Return to Competition

The return to competition will occur once stage 3 restrictions lift. At this stage AFL Queensland have advised the competition as follows (please note subject to finalisation);

Footy 4 Fun (under 8.5 to under 11.5)

Competition will be a 12 rounds and will commence on the weekend 10/11th of July with a proposed finish date approximately on 25/26th September.

Youth Age Groups (under 12.5 to U17.5)

Competition will be 14 rounds without finals or 12 rounds plus 2 weeks of finals. A decision on structure of finals or no finals will be made on 1st September once further details on crowd sizes is known. The competition is expected to commence one week later than Footy 4 Fun on 17/18/19th July and will finish approximately on 16/17/18th October.

AFL Queensland have advised the competition structures in youth will likely revert to zone based divisions for this season and the proposed community cup and conference leagues will be postponed. Further detail will follow once junior/youth team nominations are finalised by 19th June.

Further Reference Material

AFLQ return to training checklist - <https://www.aflq.com.au/wp-content/uploads/2020/05/AFLQ-STAGE-2-RETURN-TO-TRAINING-PROTOCOLS-FINAL.pdf>

AFLQ Return to play web site - <https://www.aflq.com.au/return-to-play>